



Sermon Notes: Identity (In) Crisis

1. The "Traditional Identity" Crisis:

2. The "Modern Identity" Crisis:

3. The "Spiritual Bipolarity" Crisis:

1) Acknowledge that you have a problem.

2) Disown the false identity.

3) Celebrate and walk in the freedom that is yours by the Spirit.



Gospel Applications: Identity (In) Crisis

1. What stands out to you as some of the biggest weaknesses of the Traditional Identity? What “identity crises” have you seen these create?
2. What stands out to you as some of the biggest weaknesses of the Modern Identity? What “identity crises” have you seen these create?
3. What societal/cultural crises (conflicts) are you observing that are the direct result of the false and unfulfilling narratives of the Modern Identity script?
4. As you reflect on your own thoughts and emotions, what “identity crises” have you experienced because of trying to find your identity in someone or something other than Christ?
5. How would you describe “spiritual bipolarity” in your own words? What are some symptoms of this kind of identity crisis?
6. What are some sins and areas of brokenness/weakness that you’ve simply accepted as seemingly-unchangeable parts of who you are? What does the Gospel say to/about these things?
7. Practically, what would it look/sound like for you to disown the things you listed under #6?
8. A key to healing from your spiritual identity crisis is deliberately choosing to walk in the freedom that is yours by the Spirit. According to Romans 8 and other texts you’re familiar with, what are some of the freedoms you need to be reminding yourself of? What difference will those freedoms make in your life this week as you walk in them by faith?
9. The “power of positive thinking” is basically the belief that positive self-talk *itself* heals and changes you. How is the Gospel different – and better! – than that?
10. What one thing will you do with this message this week?