



Sermon Notes: I Can Do All Things

1. The situation.

- a. Not about winning.
- b. But enduring hardship.

2. The secret.

- a. It's the secret of satisfaction, not the secret of success.
- b. It's a secret that must be learned through experience.

3. The strength.

- a. Source: Where does the strength come from?
- b. Purpose: What is the strength for?

Theme: In Christ, you can face every high and every low with everything you need to be completely satisfied.

- c. Application: How is the strength experienced?

- 1) By asking for it.
- 2) By appropriating it.



Gospel Applications: All Things Are Good

1. When/where/how have you heard *Philippians 4:13* used before?
2. Forgetting the sermon you just heard on this for a moment, how have you understood/applied this verse in the past? [If you hadn't heard it before, how do you think you would've understood/applied it on your own?]
3. The pop culture's interpretation of this verse treats God as . . . what? Contrast that view of God with how you understand Paul's view of God when he wrote this.
4. What do you think we can learn about our own nature and desires when we recognize that we use this verse as a good luck charm and a spike of energy in the pursuit of our own goals and dreams, rather than in the endurance of hardships?
5. Why do you think Christians are obsessed with success (on the world's terms) rather than with being content and satisfied in Christ? What are some ways you observe this success > satisfaction in your own life?
6. Think of an area of life where you're striving to be successful right now. How might that situation be transformed if you shifted from a drive for success to a drive for satisfaction in Christ, regardless of the outcome?
 - How might your attitudes or perspective change?
 - How might your behaviors and words change?
 - How might your worship and prayers change?
 - How might others observe this shift in your thinking?
7. When's the last time you prayed for Christ's strength? What did you need the strength for? What did you wish to accomplish? What happened? Did you get the power or not? How do you know? What would you potentially do differently in light of this message?
8. What are some practical ways you could appropriate the power of Christ in every day life? How can you put it on and really make it your own?