



Sermon Notes: Introducing Lent Workshop

Survey → Observe → Interpret → Apply → Minister

1. Look back.

2. Look into.

- a. The Lord's Supper is a symbol of salvation.
- b. The Lord's Supper is a symbol of suffering.
- c. The Lord's Supper is a symbol of substitution.
- d. The Lord's Supper is a symbol of security.
- e. The Lord's Supper is a symbol of sustenance.
- f. The Lord's Supper is a symbol of satisfaction.

3. Look up.

4. Look forward.

5. Look inward.

6. Look around.



Gospel Applications: Introducing Lent Workshop

1. Reference this Bible study method [survey → observe → interpret → apply → minister]:
 - Which of these steps do you tend to think of as “Bible study”?
 - Which steps do you already practice regularly?
 - Which step(s) do you use the least (or not at all)?
 - What are the reasons you skip/neglect steps?
 - What are some potential benefits of practicing each step?

2. If you read/studied the Bible regularly in this way, what cumulative effects do you think it would have on you?

3. What hinders/discourages you from really *studying* the Bible on your own? [Reflect on your attitudes, your unstated beliefs, your priorities, your commitments, etc.]

4. What does the Word of God mean to you? If someone literally took it away and prevented you from having access to it, how would you feel? How would that affect you?

5. How would you describe your current practices of reflection and self-examination?
 - How frequently do you examine yourself? For how long?
 - What are some key questions you ask yourself?
 - What specific practice has proven most effective at revealing the real you and what’s going on in your heart/mind?
 - What do you do with what you discover during self-examination?
 - How is self-examination making you a better person? (Be specific.)

6. What was hard to answer in the previous list of questions? Why?

7. What derails self-examination or makes it ineffective (or even harmful)? What biblical practices make self-examination productive?

8. What one thing will you do – whether specifically related to Lent or not – to grow in a healthy practice self-examination and repentance?